



Event: National Juvenile T & F C/Ships Day 3, Tullamore

Date: 24 July 2010

Age Group	Athlete	Event	Position	Time
U19 Girls	Alana Fratorolli	Javelin	3rd	27.82m
U18 Boys	Roland Pika	Long Jump	8th	5.86m

Event: National Juvenile T & F C/Ships Relays Day 4, Tullamore

Date: 25 July 2010

Age Group	Athlete	Event	Position	Time
U18 Boys	Limerick AC - Gussi, Roland , Rafa & Stephen	4 X 100m	4th	46.14
U18 Boys	Limerick AC - Gussi, Roland , Rafa & Stephen	4 X 400m	7th	4:05:5H
U19 Boys	Limerick County - Gussi, Roland , Tola & Stephen	4 X 100m	4th	47.90
U17 Boys	Limerick County - Rafa & 3 Dooneen Athletes	4 X 100m	6th	49.83